

## **LUNCH-WEEK 1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Pea and mint	Curried Vegetable	Red lentil and Garlic	Sweet potato and red pepper	Mushroom
HOME FROM HOME	Spanish pork meatballs in tomato sauce	Chicken and leek pie	Pork Sausage and Onion plait with gravy	Beef Bolognese	Baked breaded fish Southern Fried Chicken
MEAT FREE	Mushroom and Chive Risotto	Roasted Red Pepper and Pesto Penne	Lentil and Vegetable moussaka	Chilli and lime baked Squash	Cheese and tomato pizza
ON THE SIDE	Spaghetti, Fresh Baked Bread and Focaccia	Herb Potato's, pointed cabbage and sweetcorn	Roast potato, Honey Carrots and Cauliflower cheese	Garlic slice, spaghetti, Broccoli florets	Chunky chips, Garden peas and baked beans
KING EDWARD COUNTER	Baked jacket potato with cheese, baked beans or vegetable Bolognese	Baked jacket potato with cheese, baked beans or Mushrooms and Onions	Baked jacket potato with cheese, baked beans	Baked jacket potato with cheese, baked beans or Beef Chilli Con Carne	Baked jacket potato with cheese, baked beans or Tuna Mayonnaise
STREETEATS	Pesto, tomato and mozzarella folded flatbread	Chilli beef Nachos	Onion Bhaji with Raita naan and Lentil Dhal	Freshly baked baguette filled with BBQ chicken with crisps	Filled Pitta bread with sweet potato falafel with hummus and salad
DESSERT	Lemon and coconut sponge with custard	Peach shortbread	Chocolate rice krispy cake	Blueberry and Apple crumble and custard	Marble cake with chocolate sauce

Selection of Cold Pudding, Yoghurt and Fresh Fruit Daily



## **LUNCH-WEEK 2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot and Coriander	Tomato and Basil	Country Vegetable	Broccoli	Butternut
HOME FROM HOME	Traditional Beef Lasagne	Chicken Katsu Curry	Pork loin with crackling, apple sauce and Gravy	Bacon Macaroni cheese	Sweet Chilli Chicken pieces  Baked Battered fish
MEAT FREE	Vegetable Lasagne	Roast Vegetable Shawarma flatbread	Vegetable bean chilli and rice	Čheddar cheese, Cherry Tomato, Basil and pesto Quiche	Vegetable Burger in a Brioche bun
ON THE SIDE	Garlic bread, Broccoli and Italian salad	Naan bread, Sticky rice, mango chutney and Raita	Roast potatoes  Nachos  Selection of fresh vegetables	Sautéed Green`beans and Garlic focaccia	Potato fries, Garden peas and baked beans
KING EDWARD COUNTER	Baked jacket potato with cheese, baked beans or Vegetable Bolognese	Baked jacket potato with cheese, baked beans or Mushrooms and Onions	Baked jacket potato with cheese, baked beans	Baked jacket potato with cheese, baked beans or Beef Chilli Con Carne	Baked jacket potato with cheese, baked beans or Tuna Mayonnaise
STREET EATS	Chicken and Avocado and salad wrap	Freshly baked Bacon and chicken baguette with crisps	Vegetable Ramen Bowl	Smokey BBQ chicken wings with corn on the cob and potato skins	Mushroom Risotto
DESSERT	Blueberry and White Chocolate pudding with custard	Beetroot brownie	Lemon and Poppy seed cake served with custard	Bakewell cherry tart and custard	Chocolate Chip cake with sauce

SALAD BAR

Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Grated Cheese, Bread Rolls, Mixed Leaves and Chef's Daily Salads

Selection of Cold Pudding, Yoghurt and Fresh Fruit Daily



## **LUNCH-WEEK 3**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Butternut and Red Pepper	Leek and Potato	French Onion	Tomato and Lentil	Mushroom
HOME FROM HOME	Bangers and Mash with Red Onion Gravy	Beef Chilli tacos with sour cream	Honey Roast Gammon and Gravy	Chicken Tikka Masala with Mango chutney and Raita	Pepperoni Pizza  Baked breaded fish with tartare sauce and lemon
MEATFREE	Sweet Potato, Chickpea and Aubergine Chana Masala	Mexican Bean Burrito	Spinach, Mushroom, Butternut squash and cheese Wellington	Aubergine Parmigiana	Cheese and Tomato Pizza and Pasta Cannelloni Verd
ON THE SIDE	Potato and chive mash, Broccoli florets Steamed rice	Steamed veg, tossed salad and sweetcorn	Roast paprika Potatoes, Pointed Cabbage and sliced Glazed carrots	Naan, Steamed rice and Bombay Potato	Baked wedges, Garden peas and baked beans
KING EDWARD COUNTER	Baked jacket potato with cheese, baked beans or meat free bolognese	Baked jacket potato with cheese, baked beans Tuna Mayonnaise	Baked jacket potato with cheese, baked beans or Mushrooms and onions	Baked jacket potato with cheese, baked beans or Beef Chilli Con Carne	Baked jacket potato with cheese, baked beans or Tuna Mayonnaise
STREETEATS	Meat free Bolognese with Garlic Bread	Freshly baked baguette, filled with chicken and baconn with crisps	Sweet Chilli Vegetable Stir Fry	Freshly Baked Baguette with Bacon, Lettuce and Tomato (BLT)	Cheese and chive potato wedges with sour cream
DESSERT	Banana and Toffee sponge with custard	Jam and Coconut pudding with custard	Tiramisu	Apple crumble with Custard	Double Chocolate Chip cake with chocolate sauce

Selection of Cold Pudding, Yoghurt and Fresh Fruit Daily