

# DUNOTTAR SCHOOL

## Spring menu

### Monday

Homemade soup &  
bread

#### Mains

Pork meatballs in herby basil &  
tomato pasta, broccoli florets &  
garlic slice

#### Vegetarian

Quorn vegetable paella & ciabatta  
wedge

#### Pasta

Cheesy pesto pasta

#### Jacket Potato

Cheese & beans, Tuna

#### Salad Bar

A selection of protein and varied  
salads

#### Desserts

Banana toffee pudding & custard  
Fresh fruit pot, fresh yogurt, jelly  
pots

### Tuesday

Homemade soup &  
bread

#### Mains

Diced chicken breast Katsu curry  
served with rice & naan bread

#### Vegetarian

Carrot, halloumi & sweet potato  
rosti served with sweet chilli  
sauce

#### Pasta

Mac & cheese

#### Jacket Potato

Cheese & beans, Tuna

#### Salad Bar

A selection of protein and varied  
salads

#### Desserts

Apple syrup sponge & custard  
Fresh fruit pot, fresh yogurt, jelly  
pots

### Wednesday

Homemade soup &  
bread

#### Mains

Pork loin with apple sauce  
Pork sausage and onion plait  
Both served with roast potatoes,  
fresh vegetables and gravy

#### Vegetarian

Red onion, feta & beetroot tartlet  
Vegan lentil dahl & savoury rice

#### Pasta

Rustic tomato pasta bake

#### Jacket Potato

Cheese & beans, Tuna

#### Salad Bar

A selection of protein and varied  
salads

#### Desserts

Vanilla rice pudding  
Raspberry choc-chip pudding &  
custard  
Fresh fruit pot, fresh yogurt, jelly  
pots

### Thursday

Homemade soup &  
bread

#### Mains

Baked beef lasagne with herby  
garlic slice & Mediterranean  
vegetables

#### Vegetarian

Baked vegetable lasagne with  
garlic slice & vegetables

#### Pasta

Cannelloni Verdi spinach & ricotta  
& Italian salad

#### Jacket Potato

Cheese & beans, Tuna

#### Salad Bar

A selection of protein and varied  
salads

#### Desserts

Lemon syrup sponge & custard  
Fresh fruit pot, fresh yogurt, jelly  
pots

### Friday

Homemade soup &  
bread

#### Mains

Oven baked breaded Pollock,  
fries, baked beans & garden peas  
Tuna & spring onion fishcakes  
with parsley sauce

#### Vegetarian

Cheese & tomato pizza

#### Jacket Potato

Cheese & beans, Tuna

#### Salad Bar

A selection of protein and varied  
salads

#### Desserts

Chocolate orange sponge &  
Chocolate sauce  
Fresh fruit pot, fresh yogurt, jelly  
pots

WEEK 1

*All our meals are freshly made*



# DUNOTTAR SCHOOL

## Spring menu

### Monday

Homemade soup & bread

#### Mains

Beef bolognese, garlic slice, charred broccoli, tossed salad & Italian cheese

#### Vegetarian

Cauliflower & chickpea Korma with rice

#### Pasta

Fresh basil & tomato sauce pasta with garlic slice

#### Jacket Potato

Cheese & beans

#### Salad Bar

A selection of protein & varied salads

#### Desserts

Raspberry & coconut pudding & custard  
Fresh fruit pot, fresh yogurt, jelly pots

### Tuesday

Homemade soup & bread

#### Mains

Sweet & Sour Chicken breast with egg noodles

#### Vegetarian

Vegan mince vegetable burrito wrap, potato wedges & vegetables

Rustic tomato & pesto pasta

#### Pasta

Penne pasta courgette bake

#### Jacket Potato

Cheese & beans or tuna  
Vegetable chilli

#### Salad Bar

A selection of protein and varied salads

#### Desserts

Fruit crumble & custard  
Fresh fruit pot, fresh yogurt, jelly pots

### Wednesday

Homemade soup & bread

#### Mains

Honey roast gammon

Pork sausage & onion plait

Both served with roast potatoes, fresh vegetables and gravy

#### Vegetarian

Vegetarian Moussaka with herby ciabatta slice

#### Pasta

Cheesy Pesto pasta

#### Jacket Potato

Cheese, beans or tuna & hot fillings of the day

#### Salad Bar

A selection of protein & varied salads

#### Desserts

Warm treacle & poppyseed pudding & custard  
Fresh fruit pot, fresh yogurt, jelly pots

### Thursday

Homemade soup & bread

#### Mains

Cottage pie topped with creamy mashed potato served with a medley of green vegetables

#### Vegetarian

Roast vegetable, hot mozzarella stuffed pitta

#### Pasta

Mac & cheese

#### Jacket Potato

Cheese & beans or tuna

#### Salad Bar

A selection of protein & varied salads

#### Desserts

Eve's pudding & custard  
Fresh fruit pot, fresh yogurt, jelly pots

### Friday

Homemade soup & bread

#### Mains

Baked breaded cod, fries, baked beans & garden peas

Tandoori chicken thighs, skin on, served with raita & salad  
Hotdog in a roll with onions, fries & baked beans

#### Vegetarian

VG. Hotdog in a roll with onions, fries & baked beans

#### Jacket Potato

Cheese & beans or tuna

#### Salad Bar

A selection of protein & varied salads

#### Desserts

Chocolate chip cake & custard  
Fresh fruit pot, fresh yogurt, jelly pots



# DUNOTTAR SCHOOL

## Spring menu

### Monday

Homemade soup &  
bread

#### Mains

Chilli con carne with rice & taco  
salad

#### Vegetarian

Mushroom risotto served with  
rocket green salad

#### Pasta

Penne pasta served in a rich  
tomato sauce

#### Jacket Potato

Cheese, beans & tuna

#### Salad Bar

A selection of protein & varied  
salads

#### Desserts

Reduced sugar Apple crumble &  
custard

Fresh fruit pot, fresh yogurt, jelly  
pots

### Tuesday

Homemade soup &  
bread

#### Mains

Chicken masala, naan, & mango  
chutney served with rice

#### Vegetarian

Mediterranean tart

#### Pasta

Mac & cheese

#### Jacket Potato

Cheese, beans & tuna

#### Salad Bar

A selection of protein & varied  
salads

#### Desserts

Raspberry yogurt cake

Fresh fruit pot, fresh yogurt, jelly  
pots

### Wednesday

Homemade soup &  
bread

#### Mains

Roast crackling pork loin, apple  
sauce, roast potatoes, cabbage,  
carrots & gravy

#### Vegetarian

Cherry tomato, red onion &  
courgette turnover topped with  
hot mozzarella

#### Pasta

Cheesy pesto pasta

#### Jacket Potato

Cheese, beans & tuna

#### Salad Bar

A selection of protein & varied  
salads

#### Desserts

Marshmallow crispy cake

Fresh fruit pot, fresh yogurt, jelly  
pots

### Thursday

Homemade soup &  
bread

#### Mains

Pulled chicken & leek pie  
with fresh vegetables

#### Vegetarian

Spicy butternut & vegetable  
stir-fry with noodles

#### Pasta

Spaghetti with fresh basil tomato  
sauce & crusty bread

#### Jacket Potato

Cheese, beans & tuna

#### Salad Bar

A selection of protein & varied  
salads

#### Desserts

Apricot crumble cake  
& vanilla sauce

Fresh fruit pot, fresh yogurt, jelly  
pots

### Friday

Homemade soup &  
bread

#### Mains

Baked battered Haddock

BBQ chicken wings & thighs  
Bacon & Cheese Panini

Served with chipped potatoes,  
baked beans & garden peas

#### Vegetarian

Cheese & Tomato Panini

#### Jacket Potato

Cheese, beans & tuna

#### Salad Bar

A selection of protein & varied  
salads

#### Desserts

Chocolate chip pudding and  
chocolate sauce

Fresh fruit pot, fresh yogurt, jelly  
pots