



Dunottar School

**WEEK 3**

# Menu

## Monday

Homemade soup & bread

### Mains

Creamy pasta carbonara with broccoli florets & garlic bread

### Vegetarian

Mediterranean tart & green salad. Cheese & tomato folded flat bread

### Jacket Potato

Cheese & beans & tuna

### Bento Box Salad

Chicken Caesar, Roasted squash, pepper & black bean cous cous salad

### Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

## Tuesday

Homemade soup & bread

### Mains

Chicken pie, greens & parsley new potatoes or herby diced potatoes

### Vegetarian

Spinach & ricotta cannelloni Verdi, crusty bread & green salad

### Jacket Potato

Cheese & beans & tuna

### Bento Box Salad

Chicken Caesar, Roasted vegetable & cheese quiche salad, Egg mayo salad, Beetroot & bean salad

### Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

## Wednesday

Homemade soup & bread

### Mains

Honey roasted gammon, roast potatoes & selection of vegetables

### Vegetarian

Macaroni cheese, crusty bread & seasonal veg.

### Jacket Potato

Cheese & beans & tuna

### Bento Box Salad

Honey roast gammon salad, Marinated salmon fillet & tossed salad, Greek salad with feta & olives

### Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

## Thursday

Homemade soup & bread

### Mains

Traditional beef lasagne & garlic bread & tossed salad

### Vegetarian

Piri-piri quorn & roast veg stuffed pitta & tzatziki

### Jacket Potato

Cheese & beans & tuna

### Bento Box Salad

Chicken & Chorizo skewer, Greek salad, Tuna salad, Brie, spinach, onion & butternut quiche salad

### Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

## Friday

Homemade soup & bread

### Mains

Baked breaded fish & fries with peas or baked beans, Hot Dog, onion & fries with baked beans

### Vegetarian

Greek vegetable moussaka & ciabatta

### Jacket Potato

Cheese & beans & tuna

### Bento Box Salad

Tuna niçoise, Falafel & tzatziki shaker salad, chicken Caesar salad

### Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

