

WEEK 2

Menu

Monday

Homemade soup & bread

Mains

Chicken Balti curry & rice with Naan bread & onion bhaji

Vegetarian

Mixed beans & vegetable chilli & steamed rice

Jacket Potato

Cheese & beans & tuna

Bento Box Salad

Chicken Caesar, Greek salad, Tuna & sweetcorn, Egg mayonnaise.

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

Tuesday

Homemade soup & bread

Mains

Cottage Pie topped with creamed potato with medley of veg.

Vegetarian

Cheese & veg. pasta bake with crusty bread & fresh broccoli

Jacket Potato

Cheese & beans & tuna

Bento Box Salad

Chicken Caesar, Honey baked ham, Greek salad.

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

Homemade soup & bread

Mains

Pork meatballs in tomato & basil sauce served with pasta & salad

Vegetarian

Sweet & sour Quorn & veg stir fry

Jacket Potato

Cheese & beans & tuna

Bento Box Salad

Cheddar cheese, Chicken Caesar, Peppered mackerel

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

Thursday

Homemade soup & bread

Mains

Mexican beef & bean burrito with rice & sweetcorn

Vegetarian

Chickpea, lentil & sweet potato curry, Naan bread & steamed rice

Jacket Potato

Cheese & beans & tuna

Bento Box Salad

Chicken & Chorizo kebab, Tuna mayonnaise, Falafel & tzatziki.

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

Friday

Homemade soup & bread

Mains

Baked breaded cod & fries with peas or baked beans, Steamed pollock with tomato pesto sauce

Vegetarian

Freshly prepped selection of pizza & fries with salad

Jacket Potato

Cheese & beans & tuna

Bento Box Salad

Chicken Caesar, Greek salad, Egg dressed salad

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

