

WEEK 1

Menu

Monday

Homemade soup & bread

Mains

Spaghetti, beef bolognaise & Garlic bread

Vegetarian

Spinach, butternut, mushroom & cheese Wellington

Jacket Potato

Cheese & beans & tuna

Bento Box Choice

Egg salad, Smoked Mackerel salad, Greek Salad

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

Tuesday

Homemade soup & bread

Mains

Chicken tikka masala, savoury rice & naan bread

Vegetarian

Mushroom & parmesan risotto

Jacket Potato

Cheese & beans & tuna

Bento Box Choice

Chicken chorizo skewers & salad, cheese salad & tuna salad

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

Wednesday

Homemade soup & bread

Mains

Roast pork loin, apple sauce & gravy

Vegetarian

Penne pasta, sundried tomato & pesto sauce

Jacket Potato

Cheese & beans & tuna

Bento Box Choice

Greek salad with feta cheese & olives Chicken Caesar salad

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

Thursday

Homemade soup & bread

Mains

Chicken fajita & salsa wrap with sweetcorn & rice

Vegetarian

Vegetable lasagne with crusty bread & salad

Jacket Potato

Cheese & beans & tuna

Bento Box Choice

Brie, spinach, butternut & onion quiche & salad Chicken Caesar salad

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

Friday

Homemade soup & bread

Mains

Baked breaded cod, peas & chips Tuna fishcake

Vegetarian

Selection of hot panini, chips & salad

Jacket Potato

Cheese & beans & tuna

Bento Box Choice

Pepper & feta cous cous with salad Chilli salmon salad

Desserts

Fresh fruit pot, Cherry fruit yogurt, selection of cold puddings

