



Dunottar School

WEEK 3

Menu

Monday

Soup

Homemade soup & bread

Mains

Chicken Balti curry & rice

Roast cauliflower & sweet potato curry

Brie & spinach quiche

Savoury rice, Naan bread, Onion bhaji, green beans

Desserts

Sticky toffee pudding & custard

Selection of cold puddings

Jacket Potatoes

Various fillings

Salad Bar

Fresh selection of salads with protein option

Tuesday

Soup

Homemade soup & bread

Mains

Cottage pie

Sausage & onion plait

Spanish vegetarian paella with ciabatta bread

Herby diced potato, honey roasted carrots, broccoli florets

Desserts

Apple & blueberry crumble & custard

Selection of cold puddings

Jacket Potatoes

Various fillings

Salad Bar

Fresh selection of salads with protein option

Wednesday

Soup

Homemade soup & bread

Mains

MEAT FREE DAY

Penne Pasta

Selection of sauces

Quorn & vegetable bolognese

Pea & mint risotto

Fresh baked bread, garlic bread, tomatoes & olives

Desserts

Rice Krispie crunch

Selection of cold puddings

Jacket Potatoes

Various fillings

Salad Bar

Fresh selection of salads with protein option

Thursday

Soup

Homemade soup & bread

Mains

Pork meatballs in tomato & basil sauce

Mixed bean & vegetable chilli, soured cream & potato wedges

Spaghetti, seasonal veg, tossed salad

Desserts

Cherry Bakewell tart & custard

Selection of cold puddings

Jacket Potatoes

Various fillings

Salad Bar

Fresh selection of salads with protein option

Friday

Soup

Homemade soup & bread

Mains

Baked breaded Cod fillet

Fillet of fish in pesto Provencal sauce

Selection of panini – Tuna&cheese, ham& cheese, cheese&tomato

Baked stuffed aubergine Chipped potato, baked beans, garden peas

Desserts

Chocolate orange pudding & custard

Selection of cold puddings

Jacket Potatoes

Various fillings

Salad Bar

Fresh selection of salads with protein option

