

# WEEK 1

# Menu

# Monday

## Soup

Homemade soup & bread

#### Mains

Beef Chilli Taco with rice, sour cream & guacamole

Vegetable & Feta lasagne

Seasonal greens, sweetcorn Savoury rice, garlic bread **Desserts** 

Pear & Cranberry pudding & custard

Selection of cold puddings

**Jacket Potatoes** 

Various fillings

#### Salad Bar

Fresh selection of salads with protein option

# Tuesday

#### Soup

Homemade soup & bread

#### Mains

Chicken Fajitas

Beef Keema & rice

Sweet potato, lentil & chickpea Korma

Raita, mixed leaf & onion salad

Onion bhaji, naan bread

## Desserts

Carrot cake & vanilla sauce Selection of cold puddings

# Jacket Potatoes

Various fillings

## Salad Bar

Fresh selection of salads with protein option

# Wednesday

#### Soup

Homemade soup & bread

#### Mains

Roast loin of Pork with apple sauce & gravy

Vegetable & bean Tagine & lemon couscous

Tomato pesto pasta bake

Carrot batons, pointed cabbage & honey glazed parsnips, roasted potatoes

#### Desserts

Lemon drizzle pudding & custard

Selection of cold puddings

## **Jacket Potatoes**

Various fillings

#### **Salad Bar**

Fresh selection of salads with protein option

# **Thursday**

#### Soup

Homemade soup & bread

## Mains

Chicken, ham & leek pie

Teriyaki vegetable stir fry & noodles

Broccoli florets, roast celeriac, herby diced potatoes

#### Desserts

Orange Polenta cake & custard
Selection of cold puddings

## **Jacket Potatoes**

Various fillings

#### Salad Bar

Fresh selection of salads with protein option

# **Friday**

#### Soup

Homemade soup & bread

Mains

Fish of the day

Classic beef burger

Veggie dressed burger

Roasted stuffed peppers Baked beans, garden peas, chipped potatoes

#### Desserts

Chocolate sponge & chocolate sauce Selection of cold puddings

# **Jacket Potatoes**

Various fillings

#### Salad Bar

Fresh selection of salads with protein option

